



LANKA PRINCESS

AYURVEDA HOTEL SRI LANKA

AYURVEDA prices individual Treatments 01.11.2020 – 31.10.2021

	AYURVEDA TREATMENTS	MINUTES	EURO
	Foot massage	20	16,00
	Face massage	20	19,00
	Head massage	20	19,00
	Intensive massage	35	40,00
	Synchronic body massage	35	40,00
	Powder massage	20	37,00
	Thermo massage / Oil-rice-herbal massage	30	39,00
	Special massage	20	28,00
	Sarwangadhara / Oil poring treatment	30	54,00
	Uro vasti / Oil treatment for chest	30	44,00
	Kati vasti / Oil treatment for back	30	44,00
	Gandusha / Mouth cleaning	10	10,00
	Nasya / nose & sinus treatment	15	14,00
	Nethraparisheka / Eye treatment with coconut water	15	14,00
	Nethratarpana / Eye treatment with ghee	15	16,00
	Shirovasti / Head treatment with oil	30	44,00
	Shiropaste / Head treatment with paste	30	30,00
	Special paste	15-45	16,00
	Herbal steam bath	15	18,00
	Herbal bath	15	18,00
	Herbal inhalation	15	18,00
	Acupuncture	30	18,00
	Consultation Ayurveda doctor	15-45	18,00
	Meditation private lesson *	60	17,00
	Meditation private lesson *	90	25,00
	Yoga private lesson *	60	17,00
	Yoga private lesson *	90	25,00



These treatments will be prescribed by our doctors

* Discounted trial lesson 60 min. for mediation or yoga € 10,00. Discounted packages of 3, 5, 8 or 10 hours available.

	TREATMENTS IN GYM	MINUTES	EURO
	Relaxing Head massage	30	22,00
	Reflexology Foot massage	30	25,00
	Back massage	30	30,00
	Intensive massage	30	35,00
	Fat burning massage	60	70,00
	Body & Head massage	80	80,00